

INTERVENTIONS OF NATIONAL PLAN OF ACTION ON NUTRITION (NPAN) 2024-2028

INTERVENTION 1: SETTING UP OF NUTRITION COMMITTEE AND NUTRITION TASK FORCE

INTERVENTION 2: PROMOTION OF APPROPRIATE DIETS AND HEALTHY LIFESTYLES

INTERVENTION 3: PROTECTION OF CONSUMERS THROUGH IMPROVED FOOD QUALITY AND SAFETY

INTERVENTION 4: CARE OF THE SOCIO-ECONOMICALY DEPRIVED AND NUTRITIONALLY VULNERABLE

INTERVENTION 5: PREVENTION OF SPECIFIC MICRO-NUTRIENTS DEFICIENCIES

INTERVENTION 6: CAPACITY BUILDING

INTERVENTION 7: ASSESSMENT, MONITORING AND ANALYSIS OF NUTRITIONAL SITUATION.

INTERVENTION 8: MASS- MEDIA CAMPAIGNS

Key implementers: Input required/Approval for collaboration for identified activities for different Ministries/Organisations

Ministry of Gender Equality, CD &FW: Interventions 2 & 4

MAIFS (FAREI): Interventions: 2 & 5

Ministry of Industry, Commerce & Consumer Protection (Commerce Division): Interventions 2, 3 & 5

MOE&HR: Intervention 4

Mauritius Food Standards Agency: Intervention 3

Mauritius Institute of Education: Interventions 4

WHO: Interventions 4 & 7

Ministry of Social Security: Intervention 4

Ministry of Foreign affairs: Intervention 6

NGOs: Intervention 4

MBC: Intervention 8

Private and public Radio channels: 3

INTERVENTION 1: SETTING UP OF NUTRITION COMMITTEE and NUTRITION TASK FORCE

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Setting up of Nutrition Committee	1. Compile inputs from Technical Working Group (TWG) and incorporate in the draft NPAN	MoHW (Nutrition Unit)	September 2023	<i>Committee members</i>	
	2. Finalise NPAN after vetting of draft NPAN	MoHW (Nutrition Unit)	November 2023		
Setting up of a Nutrition Task Force	1. Convene members Conduct meeting	MoHW	To be determined		
	2. Coordination between private and public sectors for proper implementation of the National Plan of Action for Nutrition (NPAN)		2024-2028		

INTERVENTION 2: PROMOTION OF APPROPRIATE DIETS AND HEALTHY LIFESTYLES

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Introduction of Food Based Dietary Guidelines	<ol style="list-style-type: none"> 1. Adopt/Adapt SADC Food Based Dietary Guidelines (FBDG) 2. Promote F B Dietary Guidelines 3. Carry out workshops for dissemination of FBDG 	<p style="text-align: center;">MoHW MAIFS Ministry of Gender Equality, CD&FW</p>	<p style="text-align: center;">Awaiting finalisation of SADC FBDG</p>	All stakeholders and The population	
Decreasing the consumption of oils, saturated fats and Trans Fatty Acids	<ol style="list-style-type: none"> 1. Decrease the consumption of oils, saturated fats and Trans fatty Acids through the F B Dietary Guidelines 2. Amend and enforce the Food Regulation 1999 to include the permitted level of industrially produced Trans Fatty Acids in fats and oils as well as in other food products 3. Media campaign for 	<p style="text-align: center;">MoHW Ministry of Gender Equality, CD&FW</p>	<p style="text-align: center;">To be determined</p>	The population	
		<p style="text-align: center;">MoHW</p>	<p style="text-align: center;">Completed</p>	Food Industries	
			<p style="text-align: center;">Awaiting the</p>	The population	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
	consumer education	MoHW Ministry of Industry, Commerce & CP	Food Regulations 2023 to be finalised		
Increasing the consumption of fruit and vegetables.	<ol style="list-style-type: none"> 1. Set up a fruit and vegetable promotion initiative 2. Strengthen the promotion and consumption of fruit and vegetables in the guidelines 3. Further increase the availability and variety of fruits and vegetables at national level 	<p>MoHW Together with all stakeholders</p> <p>MoHW, Ministry of Gender Equality, CD&FW,</p> <p>MAIFS (FAREI)</p>	<p>To be determined-</p> <p>To be determined</p> <p>.....</p>	<p>The whole population Fruit and vegetable producers and retailers</p> <p>The population</p> <p>.....</p>	
Consolidate salt reduction strategy	<ol style="list-style-type: none"> 1. Regulate level of salt in local bread 2. Regulate salt (sodium) declaration on labelling 	<p>MoHW</p> <p>MoHW</p>	<p>Completed</p> <p>Completed</p>	<p>Bakery Owners</p> <p>Food Industries</p>	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
	3. Production and Launching of pamphlets on salt reduction 4.Consolidate Media Campaign on salt reduction	MoHW MoHW, Ministry of Gender Equality,CD&FW, Ministry of Industry,Commerce &Consumer Protection Commerce Division	Completed Ongoing	The population The population	

INTERVENTION 3: PROTECTION OF CONSUMERS THROUGH IMPROVED FOOD QUALITY AND SAFETY.

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
To introduce signpost nutrition labelling	1. Setting up of Mauritius Food Standards Agency 2. Inclusion of Nutritional declaration in the draft Food Regulations 2023	Government MoHW	Completed Completed	All consumers The Food Industry	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
	3 Develop signpost nutrition labelling	MFSA and MoHW	To be determined	All consumers	
	4 Hold consultative meetings with food industry	MoHW MCCI		The Food Industry	
	5 Amend Food Regulations to include signpost Labelling	MoHW MFSA		Nutrition Unit and Public Health and Food Safety Officers	
	6 Conduct workshop with Food Inspectorate about signpost labelling	MoHW		Public Health and Food Safety Officers	
	7 Conduct training to familiarise stakeholders with amended Regulations	MoHW		Food Industries	
	8 Enforce signpost labelling.	Ministry of Industry, Commerce & Consumer Protection (Commerce Division)		Food Industries	
	9 Media campaign for consumer education	MoHW, Ministry of Industry, Commerce & Consumer Protection		The population	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
		(Commerce Division), Private and Public Radio and TV channel			

INTERVENTION 4: CARE OF THE SOCIO-ECONOMICALY DEPRIVED AND NUTRITIONALLY VULNERABLE

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Maternal Nutrition.	1. Refer pregnant women who require dietary advice to dietary counsellors.	MoHW	Ongoing	Pregnant women	Human Resources
Improve complementary feeding practices	1. Train crèche holders in complementary feeding practices	MoHW M of Gender Equality, CD&FW	To be determined	Health Personnel Crèche holders	Human Resources Funds
Young children Nutrition	1. Training for teachers of Day Care	MoHW,	To be determined	Health Personnel	Human

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
	Centres and pre-primary school teachers.	MoE&HR& Ministry of Gender Equality, CD&FW		Teachers of Day Care Centres and pre-primary schools	Resources Funds
Children and adolescent Nutrition	1. Consolidate the Health Promotion Activities (Nutrition Talks) in schools	MoHW MoE&HR	Ongoing	Children and adolescents, teachers, Parent Teacher	Human Resources
Strengthen school food standards.	2. Update school curriculum.	MoE&HRMoHW, MIE	Ongoing	School population	
	3. Ensure enforcement of revised list of foods for sale on the premises of educational institutions as per the draft Food Regulation 2023.	MoE&HRMoHW,	Awaiting finalisation of draft Food Regulations 2023	Associations Canteen Holders, Civil Societies School children from 'Zone Education Prioritaire' areas	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
<p>Protect children from negative advertisement and marketing</p> <p>Nutrition for “out of school adolescents”</p>	4. Monitor food provided in the School Feeding Programme.	MoE&HR, MoHW	Ongoing	School population	
	5. Look into the feasibility of reintroducing fruit and milk in schools	MoE&HR	To be determined	School population	
	6. Introduce Mauritian Nutrient Profile Model	MoHW, WHO	To be determined	Children	
	7. To provide nutrition services to “out of school adolescents” screened for nutritional problem	MoHW, NGOs	To be determined	Out of school adolescents regrouped in NGOs	
Nutrition for elderly	Provide dietary counselling to pensioners.	MoHW Ministry of Social Security	Ongoing	Elderly people Homes and Recreational Centres for elderly Carers of elderly people	Human Resources

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Nutrition in emergency situations	To make provision for a minimum package nutrition survival ration.	MoHW Ministry of Social Security	To be determined	Targeted vulnerable people affected by emergency situations	Funds
Disease specific intervention	Provide support and nutrition therapy.	MoHW	Ongoing	People suffering from obesity, diabetes, renal diseases, High Blood Pressure, cancers.	Human Resources

INTERVENTION 5: PREVENTION OF SPECIFIC MICRO-NUTRIENTS DEFICIENCIES

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Minimising Anaemia	1. Strengthen existing supplementation strategies.	MoHW	Ongoing	Pregnant women	Funding Human Resources
	2. Regulate Wheat flour fortification	MoHW	Completed	The population	
	3. Enforce mandatory wheat	MoHW	Forthcoming	The population	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost Rs</i>
Address Vitamin D deficiency	flour fortification				
	4. Look into the possibility of introducing WIFAS (weekly iron & folic acid supplementation) in the School Health Programme	MoHW MoE&HR	To be determined	Female adolescents	
	5. Look into the possibility of introducing anaemia screening in schools and worksites	MoHW	To be determined	Female population	
	6. Promote the production of nutrient rich fruits and vegetables, with special focus on Iron and vitamin C	MAIFS (FAREI) Ministry of Industry, Commerce & Consumer Protection	Ongoing	The population	
	Look into the feasibility of Vitamin D fortification.	MoHW	To be determined	The population	

INTERVENTION 6: CAPACITYBUILDING

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>CostRs</i>
Research and International Cooperation in Nutrition	<ol style="list-style-type: none"> 1. Follow courses, attend workshops 2. Train Nutritionists 	MoH&W Ministry of Foreign affairs	Ongoing	Nutritionists/Senior Nutritionists Other technical personnel	Human Resources Financial

INTERVENTION 7: ASSESSMENT, MONITORING AND ANALYSIS OF NUTRITIONAL SITUATION.

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost</i>
1. Nutrition Surveillance for children 0-5 years	<ol style="list-style-type: none"> 1. Review and strengthen the Nutritional Surveillance System. 2. Train staff on NIS. 3. Analyse data 4. Report and disseminate data 5. Refer problem cases for appropriate action 	MoHW, WHO	In process	Children 0-5 years	
		MoHW	To be determined		
2. Assess nutritional	Conduct a Nutrition Survey for children 0-5 years	MoHW, WHO	To be determined	Children 0-5 years	

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>Cost</i>
status for children 0-5 years					
3. Assess salt intake	Conduct a salt intake study	MoHW	Forthcoming	Adult population	
4. Assess iodine status	Conduct an iodine study	MoHW	Forthcoming	Adult population	

INTERVENTION 8: MASS- MEDIA CAMPAIGNS

<i>Strategy</i>	<i>Activities</i>	<i>Implementer and Key Agency</i>	<i>Timeframe</i>	<i>Target</i>	<i>CostRs</i>
Promote and support the adoption of healthier diets.	1. Production and dissemination of Nutrition education materials 2. Setting up specific campaigns.	MoHW MBC Other partners	Ongoing	The whole population	Financial Human Resources
	Healthy weight for all	MoHW MBC Other partners	Ongoing	Adolescents	Financial Human Resources
	Healthy weight for all	MoHW MBC Other partners	Ongoing	School aged children	Financial Human Resources
	Healthy weight for all	MoHW MBC Other partners	Ongoing	Children under 5 years, Carers of young children	Financial Human Resources

Note:

Black ink – ongoing activities

Blue ink – completed activities

Red ink – new proposed & forthcoming activities